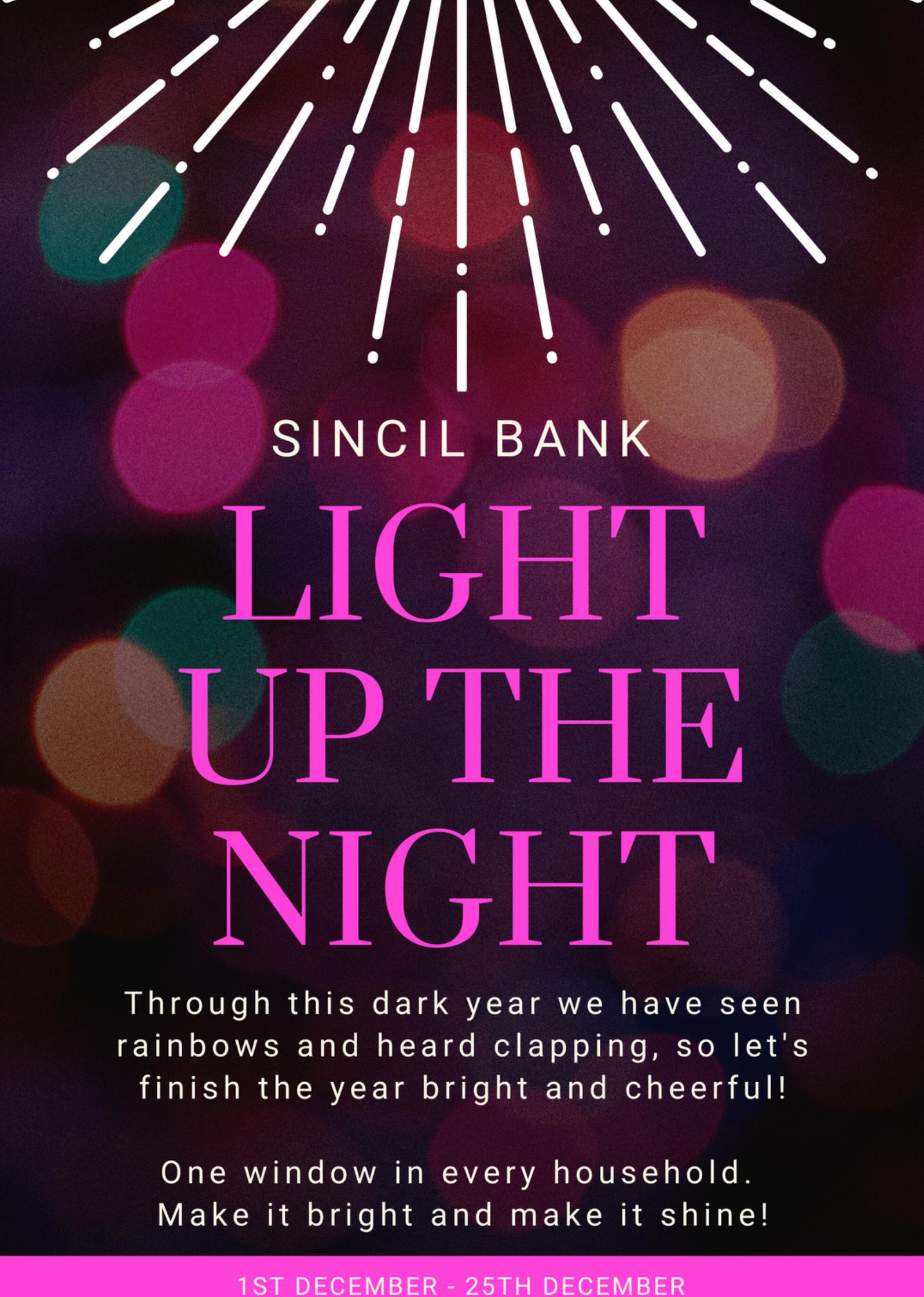


SINCIL BANK NEWS

Autumn 2020 Issue 11



Inside this issue: Covid-19 Help and Support Information, Sincil Bank Light Up the Night, Neighbourhood Team Update, Sincil Land Trust St Andrews Garden Update and much more....



SINCIL BANK

LIGHT UP THE NIGHT

Through this dark year we have seen rainbows and heard clapping, so let's finish the year bright and cheerful!

One window in every household.
Make it bright and make it shine!

1ST DECEMBER - 25TH DECEMBER



Dear Resident

We hope this finds you well and you are coping ok with all the ups and downs that this year has brought. In other years as a group we have put on some successful events for the community as well as producing a twice yearly newsletter but this year has seen all our plans cancelled. We decided that we needed to produce at least one newsletter to let you know that although we haven't been able to do what we usually do we have been keeping in touch by Zoom, emails and messages as well as running our Facebook page.

We have been talking about what we can do in the future and hopefully by next year we can do some more events funding permitting. We have also been doing some litter picking following guidelines as we are all members of the RiverCare Group. This year although we cannot do Community events either inside or outside due to guidelines we would love it if as many residents as possible would join in with the Sincil Bank Light up the Night through the month of December. We will be joining in and look forward to seeing the windows of those who do it.

This is the 11th edition of the Sincil Bank News, a community newsletter put together and distributed by local residents. We would like to start up a communications group looking at all communication channels in the area including social media and our website. If you would like to be involved please contact **Rachel on 01522 510157 or email: rachel.a.taylor@lincoln.gov.uk** Please feel free to send us any stories or photos you would like adding in the next edition.

This Newsletter we hope brings you all the information you need during these unusual times. If you would like to help or need some information about what is happening in the area please contact us by email to: **mazematters@outlook.com or through our Facebook page Sincil Bank Area Lincoln Community-Maze Matters**

We would like to wish you all the best during the coming months and Seasons Greetings to you all
Anne, Barbi and Sarah
Local Residents
Maze Matters Committee



L-R Sarah, Anne and Barbi

SINCIL BANK NEIGHBOURHOOD TEAM UPDATE



2020 has not been the year the team had planned for, we have had to adapt to the challenges of Covid-19, from March – August the team were working City Wide as part of the community response to Covid-19. The team helped design and manage new schemes such as befriending and a community helpline that signposted residents to support available across the city.

Sincil the Hub opened in December 18 until March 20 the Hub has had 2,500 Visitors through the door accessing a variety of support, advice or attending community meetings. The Hub will continue to provide advice and guidance to residents living in the area. Unfortunately, due to restrictions, the Hub remains closed to the public. We are still here to help and can be contacted by calling the team on: **(01522) 510157**.

At this point in time, we are unsure when we are able to reopen to the public. Please check our Facebook page where we will post future updates **Sincil Bank Neighbourhood Working**

The team are looking positively ahead to 2021. Planning is underway to continue developing projects working with local residents and organisations to address identified community needs.

If you are interested in finding out more about the work being delivered by the Neighbourhood Team or have ideas you would like to share with us please get in touch.



Keeping in touch

If you would like to be kept informed on what's going on in the area via a monthly E Newsletter please contact Rachel
rachel.a.taylor@lincoln.gov.uk



KEY PROJECTS DURING 2021



Hermit Street

Architects were appointed at the end of last year and we now have some exciting concept designs to improve the appearance of Hermit Street including the garage sites. Work is ongoing to identify ways to translate these concepts into reality.

Traffic Reduction

In 2019 residents living in the north part of Sincil were consulted on residents parking scheme. The residents voted yes for the scheme to go ahead. Further consultation was due to be carried out, however this was delayed due to the pandemic. Lincolnshire County Council will be consulting with the residents in the remaining area that will cover Thesiger Street to Sincil Bank Stadium. Consultation letters will be going out during the first week in November.

Various solutions to the complicated traffic management in the neighbourhood have been explored. Three alternatives were identified that will result in a reduction of traffic entering the area. Feedback was given to Lincolnshire County Council who are exploring funding options to deliver. An application for funding was submitted to the Towns Fund at the end of October, the outcome of this is likely to be known at the beginning of 2021.

Development of Open Spaces

During 2020, we have worked with partners to develop options for the open spaces owned by the council on Chelmsford Street and the former play area at Archer Street.



How to contact the Neighbourhood Team

 **01522 510157**

 **sincilbankhub@lincoln.gov.uk**



Residents Needed

The Neighbourhood Board was set up back in 2010 to bring together local residents, councillors and organisations who work in the area. The main aims of the Board are to guide and oversee work in the area and ensure that residents have a voice and can influence change in their area. A recent example is the Community Chest, this funding saw residents recommend how £50k of funding was spent in the area. The board change its name in 2018 and you may have seen Sincil Bank Community Partnerships logo on information that has been sent out to the neighbourhood. The board is chaired by local residents as there has always been an aspiration that any changes to the area come from within the community. There is a longer term aspiration that the board is solely resident led and able to hold service providers accountable for their work in the area. In the short term, the group will be looking to set up a Good Neighbour Scheme, Carol explains this further;

Hello Resident,

You may have seen some of us around Sincil Bank working to clean up Sincil Dyke, doing a litter pick or working on the new pocket park at St Andrews Gardens near Bishop King School. We are all volunteers who live in Sincil Bank and we would love you to join us if you have some time to spare.

As well as our regular activities, somewhat reduced by the current social distancing, we are soon to start a new project called the Good Neighbours scheme. Our new project's aim is to bring people together in a new way for us. We want to bring people who need help together with people who can help them. It is flexible and can fit in with an already busy life and we hope it will be popular with people who require a little help, as they benefit enormously knowing they can rely on a trustworthy and friendly face. There are so many ways in which help can be offered, there is always something that a volunteer can do, not just when there is a crisis. Driving, gardening, dog walking, shopping, sharing some time over a coffee, even just changing a lightbulb can make a big difference to someone.

If this is the sort of thing you would like to do please get in touch with us and we will do our best to make it happen on Sincil Bank.

Carol Daniel Co-Chair of Sincil Bank Neighbourhood Board
Telephone: 07490 085924
Email: cazdaniel17@googlemail.com



Sincil Community Land Trust

Heritage Walking Trail

Would you like to know more about where you live? One of the SCLT Board members, Nick Dore, has written a wonderful heritage walking trail around Sincil Bank. There is a huge amount of history in the area if you know where to look. Nick does!

The trail can be downloaded through <https://bit.ly/3k0eeyR>

Here are some of the stories, people and places that can be explored on your walk.

Did you know:

Hermit Street is actually named after a Derby winner? Or that the rivalry between two racehorse owners extended to the prospective wife of one of them? One got the girl and debt, one got the winner and a fortune. And Chaplin Street is named after the horse's owner.

Tentercroft Street takes its name from the medieval wool industry that made the city so prosperous in the Middle Ages. There are two Roman cemeteries in Sincil Bank. There are three lost churches in Sincil Bank, one of them only completed in 1878. A major battle took place at Bargate, and stopped the country falling under the heel of the French. There is a grand house whose pillars, windows and decorative architecture are made of cast iron. In Sincil Bank there was a showroom and factory of an Italian master craftsman from Florence who made "artificial stone" and terracotta ornamental features for many of the buildings in Lincoln and even for grand theatres and public buildings in the North of England.

There is a lost urban park and also a lost fine tree-lined walk that once graced Sincil Bank. However, there is also a new park, now being landscaped for the local community.

There were two medieval gates, a fortified city wall, two Roman Roads, and a medieval path and the sites and even the routes can all (almost) be followed. There are even fragments of one of the gates if you know where to look.

Give it a go – but watch out for the water demon.

Sincil Community Land Trust

St Andrews Garden

Many residents will have seen the ongoing transformation of the derelict former playground on St Andrew's Close near Bishop King School. The development has been done by Sincil Community Land Trust which is a resident lead voluntary organisation working for the regeneration of the Sincil area.

The SCLT took on the challenge of renovating the unused playground space with funding provided by a government grant from the Pocket Parks program, and with support from the City Council, University and the Lincolnshire Wildlife Trust. Our aim has been to create an attractive interesting space which can be enjoyed by anyone on Sincil Bank. When it opens it will be run by volunteers and be open daily.

You may have come to our public consultation on the site before work began. We had a brilliant day with so many people who came to give us their views. Based on what we learned that day we produced the plans which resulted in the beautiful green space that we have today.

There is still some work to do before we can open and this is where we would like your help. We are hoping that you might like to join us to develop and maintain the garden.

When it is fully planted up following plans drawn by Mark Schofield of the Lincolnshire Wildlife Trust there will be lawns, garden flowers and wild flower meadow areas to complement the trees at the heart of the site. There are lots of gardening and maintenance jobs to do on a regular basis and we would love you to come and join us for this. The benches and picnic table are already in place.

It does not matter if you have never done gardening before, or you are an experienced one with a wealth of knowledge, you may not have a garden. You will all be very welcome. You may just want to join like minded, friendly people doing an enjoyable project which will benefit our community. We also expect that some of the gardening times will be at weekends. We would love to hear from you.

**Contact our Secretary, Alice Carter, Senior Community Organiser at:
alice.carter@lincolncityfoundation**



Place Based Social Action

Place Based Social Action (PBSA) is a joint £4.5m programme between the Department for Digital, Culture, Media and Sport (DCMS) and The National Lottery Community Fund using National Lottery funding. The funding aims to create positive change by enabling people, communities, local non-statutory organisations and the statutory sector to work collaboratively to create a shared vision for the future of their place and address local priorities through social action.

The Sincil Bank neighbourhood is one of only ten places in England to be awarded PBSA funding and has brought together Lincoln City Foundation, City of Lincoln Council, Maze Matters, University of Lincoln, Voluntary Centre Services and Investors in Lincoln to form the Sincil Bank Community Partnership. The partnership aims to work alongside the community to support local residents to reach their full potential, facilitating both community and personal change.

A recent consultation with residents has identified a number of priorities for the area:

- Enhancing the physical appearance of the area
- Outreach - continuously reaching out to ensure inclusivity
- Addressing antisocial behaviour
- Community cohesion – enhancing togetherness in the neighbourhood

Residents also suggested many ideas to improve the Sincil Bank neighbourhood and tackle key concerns including community events and activities, actions to improve cultural understanding and clean up campaigns.

What next? The Sincil Bank Community Partnership wants to support residents to put these ideas into action, help to address local concerns, and realise your vision for the Sincil Bank neighbourhood. We want to work you to make change happen locally. We may be able to connect you to existing groups or projects, or we can explore how we can take action together.

To find out more please contact:

community@lincolncityfoundation.co.uk or call 07736 900343



Improve your English skills with free Conversation Clubs

Would you like to improve your English skills, or do you know someone who would benefit from some extra support? The Community Organising team at Lincoln City Foundation are excited to have restarted face-to-face delivery of their popular 'Conversation Clubs.'

'Conversation Clubs' have been delivered in the Sincil Bank area of Lincoln for several years and have engaged with individuals from a variety of countries including Bulgaria, Mexico, China, Poland and Italy.

The aim of classes is to teach English to non-native speakers in accessible community settings and help them to progress onto further opportunities, such as employment, community volunteering, or simply feeling more able to chat to their neighbour as they pass them on the street.

Free 'Conversation Clubs' are held every Monday, 11am-12:30pm, and every Wednesday, 1-2:30pm, meeting at Lincoln City Foundation, LNER Stadium. Classes take place in Covid secure classrooms at the LNER Stadium and are suitable for people of all English levels.

Places must be booked and can be secured by following this link:
www.lincolncityfoundation.com/community

If you would like to find out more or need help with booking, please get in touch with the Community Organising team: **community@lincolncityfoundation.co.uk** or **call 07736 900343**

LINCOLN PARK NEIGHBOURHOOD POLICING TEAM

Your Neighbourhood Policing Team is based at:

Ambulance, Fire & Police Station, South Park Avenue, Lincoln, LN5 8EL

Supported by Neighbourhood Response Officers

To contact your local Neighbourhood Policing Team member, call them direct on their mobile phone.



PC Phil Lazenby
Community Beat Manager
07973 847236



PCSO Ken Rooney
Police Community Support Officer
07976 947136



PCSO Gary Jacobs
Police Community Support Officer
07973 847163

or e-mail the team at lincolnpark.npt@lincs.pnn.police.uk

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 Find us on
Facebook

search 'Lincoln Centre Police'

CALL YOUR
LOCAL
POLICE



101

IN AN
EMERGENCY
ALWAYS
CALL 999

FOR NON-URGENT INCIDENTS, REPORT ONLINE
www.lincs.police.uk/onlinereporting

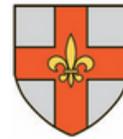


www.lincs.police.uk


**Lincolnshire
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Lincoln's ambitious future



CITY OF
Lincoln
COUNCIL

Park Ward Councillors' working hard for the people of Park Ward



Cllr Chris Burke
Mobile: 07561543648
chris.burke@lincoln.gov.uk



Cllr Sue Burke
Mobile: 07596592686
sue.burke@lincoln.gov.uk



Cllr Helena Mair
Tel: 01522 520662
helena.mair@lincoln.gov.uk



County Cllr Julie Killey
Tel: 01522 535726
Cllrj.killey@lincolnshire.gov.uk

If you would like to speak with us
regarding any Council issues please contact us on the
details above.

COUNTY NEWS FROM YOUR COUNTY COUNCILLOR - JULIE KILLEY

It's been a very strange year with the impact of the virus on all our lives. I have really missed the normal activities and not meeting you all face to face. I did manage to come to one Rivercare meeting which was good and I have been down to help at St. Andrews Gardens a couple of times. The garden is really beginning to take shape and should progress next year when things return to normal. HOPEFULLY!

All my council work has been conducted on Zoom so there is some progress. I continue to work at pushing the street lighting issue and have established some good links with Highways. Working with the city councillors we continue to focus on fly tipping, graffiti and anti-social behaviour.

We are working on creating more green space in the area and the CLT is working at bringing more empty homes back into use and creating more social housing for local residents. So have a Happy Christmas and may 2021 be a better year!

Julie

#SINCIL BANKSY

I hope you are keeping well and staying safe. I want to give you an update on Sincil Banksy, we will be back. With help from Alice and Fank at Lincoln City Foundation. I recently applied for funding, we are now waiting for the outcome. Once I know the outcome I will contact those who first showed an interest in having artwork on their property.

Wishing you all a Merry Christmas or Happy Holiday

Anne Chair of Maze Matters
#Sincilbanksy



COVID-19 HELP & SUPPORT

We know this is a difficult time for everyone. To help you look after yourself and your community, the Neighbourhood Team have put together a list of useful contacts who can offer support, advice and guidance.

Financial Help and Support



Citizen Advice

Advice line: 03444 111 444

Website: www.citizensadvicelincoln.org.uk

Migrant Worker Helpline 0344 8476128

Monday, Tuesday, Wednesday & Friday 9.30 - 16.00 and
Thursday 12.00-19.00

City of Lincoln Council Welfare Advice

Telephone: 01522 873382

Email: welfare@lincoln.gov.uk

Lincoln Job Centre

Telephone : 0800 169 0190 Mon-Friday 8.00am-6.00pm

Universal Credit New Claim

Online: www.gov.uk/apply-universal-credit

Telephone: 0800 144 8444 Mon-Friday 8.00am-6.00pm

Citizens Advice Help to Claim Line: 0800 144 8 444

Food and Fuel Support



Food Banks

Telephone: 01522 542166

Website: www.lincoln.foodbank.org.uk

Local Foodbank: Bridge Community Hub, Newark Road, Mondays, Wednesdays & Friday 10.00am - 12.00 noon and Tuesday 3.30pm - 5.30pm, Central Methodist Church, High Street, Thursday's 10.30am-1.00pm

Lincoln Community Larder

Telephone: 01522 569291

Website: www.lincolnlarder.co.uk

Local Foodbank: YMCA Annexe, Rosemary Lane, Tuesdays & Fridays 1.30pm - 3.00pm

If you or someone you know is in need of a food parcel you can have a referral from a key worker/support worker/social worker - or any professional who is providing you with any type of support. If you're not currently working with anyone contact the Welfare Advice Team on: 01522 873382

Fuel Vouchers

Help is available for those on a low income to get help paying for fuel. For more information and to check eligibility please contact The Welfare Advice Team on: 01522 873382 who will be able to make the referral for support .

Housing Advice and Support



City of Lincoln Council Housing

Telephone: 01522 873777

City of Lincoln Council Private Housing Team

Telephone: 01522 873787

City of Lincoln Council Tax

Telephone: 01522 873355

Email: counciltax@lincoln.gov.uk

Web: www.lincoln.gov.uk/council-tax

City of Lincoln Council Homelessness

Telephone: 01522 873777

Mental Health and Wellbeing



Mental Health and Emotional Support Line

Lincolnshire has a new confidential helpline to provide emotional support and guidance for anyone feeling low, stressed or anxious. You won't be judged, so if you need to talk, call anytime of the day or night:

Telephone: 0800 0014331

Night Light Cafes

The Night Light service provides free support for people experiencing a crisis in their mental health. Crisis Cafes are open in different locations around Lincoln on certain evenings during the week and phone support is also available.

Telephone: 0300 011 1200

Email: nightlight@actstrust.org.uk

Website: www.actstrust.org.uk



Self Isolating Support



Self Isolation Support Payment

A payment of £500 is available to those who are on low income and have been asked to self isolate by NHS test and trace for more information and to check eligibility please visit www.lincoln.gov.uk/coronavirus

Lincoln City Foundation

Can assist with the following collecting shopping, picking up urgent supplies and medicine, posting mail or having a friendly phone call.

Telephone: 07736900341

Email: community@lincolncityfoundation.co.uk

Elderly and Vulnerable



Lincolnshire County Council

Help for extremely vulnerable

Telephone: 01522 782189

Website: www.lincolnshire.gov.uk/coronavirus-support-services

Age UK Lincoln & South Lincolnshire

Telephone: 01522 696000

Email: info@ageuklsi.org.uk

Web: www.ageuk.org.uk/lincolnsouthlincolnshire/

Employment and Volunteering



Development Plus Steps to Work

1-1 coaching and mentoring

Telephone: 07534 444601

Email: ian.enright@developmentplus.org.uk

Website: www.developmentplus.org.uk

Abbey Access Training

Telephone: 01522 801556

Email: info@abbeyaccesstraining.co.uk

Website: www.abbeyaccesstraining.com

Voluntary Centre Services

Telephone: 01522 551683

Email: lincoln@voluntarycentreservices.org.uk

Website: voluntarycentreservices.org.uk

Business Support



City of Lincoln Council Business Support

Email: supportingbusiness@lincoln.gov.uk

Web: www.lincoln.gov.uk/support

Web: www.gov.uk/coronavirus/business-support

Business Lincolnshire Coronavirus Helpline

Telephone: 0800 998 1098

The helpline is open daily from 9:00am - 5:00pm

Website: www.businesslincolnshire.com

Mental Health Support for Businesses

If you own or run a business and are feeling anxious, stressed or low please call us on:

Telephone: 0800 001 4331, open 24 hours a day.

Web: www.businesslincolnshire.com

Other useful information.....

Carers First

Support for Carers and their families

Telephone: 0300 303 1555

Web: www.carersfirst.org.uk

Connect to Support Lincolnshire

Connect to Support is a directory of key services and information

Telephone: 0300 303 8789

live chats are available Monday to Friday 2pm - 7pm

Web: www.lincolnshire.connecttosupport.org/

St Swithin's Love Your Neighbour

Delivering food parcels, providing phone calls, delivering activity packs to children, transporting medicines from pharmacies to those shielding, mental health support, debt advice and help getting people back into employment.

Email: gethelp@stswithins.org.uk

Web: www.stswithins.org/loveyourneighbour

If you require further help or support please contact the Sincil Bank Neighbourhood Team:

Telephone: 01522 510157

Email: sincilbankhub@lincoln.gov.uk

Web: www.sincilbankcommunity.co.uk/

STEPS 1:1 Support from Developmentplus

Feeling a bit out of sorts, at a cross roads or unsure about what to do next? developmentplus is facilitating two 1:1 coaching projects that could be of interest to you! Ian is continuing to work with Sincil STEPs, offering totally free and tailored coaching support to any resident in Sincil Bank who wants to make a change, or to look at tackling something from a fresh perspective. STEPs to Work offers 1:1 coaching support to people who currently happen to be out of work and want to find work asap; or a training placement to help get back to work in the longer term. We pride ourselves at developmentplus on our friendly approach, valuing of participants, creativity and willingness to continue supporting participants when things may not be quite going so well. We've had lots of really positive feedback from local residents who have taken part to date, and supported people as they've achieved really significant things for themselves.

Why not give Ian a ring if you want to find out more about either project? It could be the invitation you've been looking for to turn your mind to the opportunities out there, as this year closes and the New Year begins to beckon us all forward into 2021.

Ian's contact details are: **07534444601** or **ian.enright@developmentplus.org.uk**

Check out his "surfing the sixes and sevens" podcast with around 20 episodes featuring local residents and people working in Sincil Bank (available via google search on all the major podcast platforms)

Facebook pages are Sincil STEPs and STEPs to Work

Instagram: steps.to.work

Both projects currently run until 23.07.21 and there is currently no waiting list.



developmentplus™

Sincil Steps

developmentplus
Christmas Celebration

Mon 14.12.20
7.30pm Zoom

You're invited!

Celebrating diversity!

Poems

Carols

corny jokes

Christmas jumpers

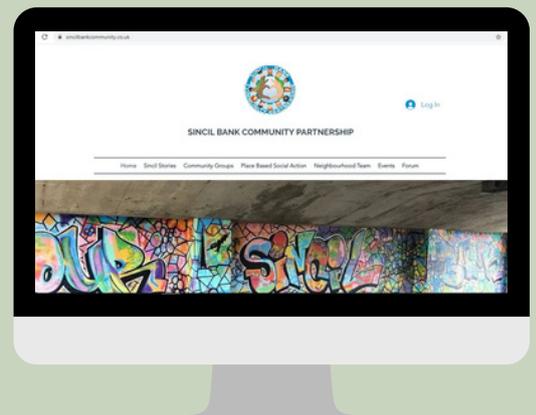
Anecdotes

ian.enright@developmentplus.org.uk
for joining details

With so much going on in the area, it's important that there are opportunities to be kept informed. Sincil Bank Community Partnership has developed a website to let people know about all of the wonderful activities taking place in the area.

The address of the website is:

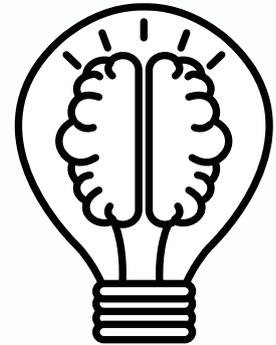
www.sincilbankcommunity.co.uk



Focus on Mental Health

Lincoln City South Mental Health Neighbourhood Team currently consists of 3 practitioners and we are employed by Lincolnshire Partnership Foundation Trust. We are intending to provide specialist support to people registered with the following GP practices who may be experiencing mental health difficulties.

- Portland
- Brayford
- University
- Birchwood Medical Practic
- Woodland Medical Practice
- Boultham Park Medical Practice
- Newark Road Surgery
- Richmond Medical Centre
- Crossroads Medical Practice



We are intending to work closely with community groups and other agencies both inside and outside of the NHS. We aim to provide a flexible approach and to enable easier access to services. When the restrictions of Covid are lessened we would like to have a presence at the Bridge Central and work with the team there and the local community to find out how we can best support you. In the meantime the agencies working within Sincil bank area have our details and if someone approaches them with a mental health need we will try to help. That may be by offering 1 to 1 support, group work, providing advice to the agencies already working with someone or signposting an individual into the correct services. Where needed we will support that individual to gain access to the support that is best placed to meet their needs.

Lincolnshire Mental Health Helpline Telephone: 0800 001 4331(open 24/7)

The helpline is for people 18+ years old. If you're feeling low, anxious or stressed and you think that talking to another person may help you cope you can call the mental health helpline in Lincolnshire which is open 24/7.

Lincolnshire Here4You

01522 309120 (open Monday-Friday 9.30-16.30)

Advice and/or self-referral to our children and young people mental health/emotional wellbeing services.

The advice line is for young people, parents and carers.

Night Light Cafes

Telephone: 0300 011 1200

The Night Light service provides free support for people experiencing a crisis in their mental health. Crisis Cafes are open in different locations around Lincoln on certain evenings during the week and phone support is also available.



A MENTAL HEALTH GUIDE TO COPING WITH LOCKDOWN IN THE WINTER @BELIEVEPHQ



LIGHTING

On dark mornings wake up gradually with increasing light. Try out a SAD light or lumie bodyclock



STAY CONNECTED

Even though it might be difficult to see friends and family it is important that you stay connected to them on a regular basis



HELP OTHERS

Whether it is helping around the house or supporting your brother or sister, helping others can help provide you with positive emotions



LIMIT NEWS

Limit the amount of time you spend on social media and checking news



COPING STRATEGIES

Identify some positive strategies you can engage in that help you to deal with stress, worry or anxiety



CONNECT TO YOUR VALUES

Re connect with things that are important to you and try to engage with them on a regular basis



TAKE TIME FOR YOURSELF

Plan time into your week where you can engage in activities that are relaxing. It is important to have time for yourself where you engage in some self care



PLAN YOUR WEEK

Organise your week and plan in activities that provide you with a sense of pleasure and achievement



STAY ACTIVE

Throughout the day try and be active. Take a break from your work and walk around. Regular exercise can also be great for reducing stress and boosting mood



POSITIVE HABITS

Write down a list of 5 - 10 positive mental health habits you can engage with on a regular basis to maintain your mental fitness



ASK FOR HELP

If you notice yourself struggling reach out to family, friends, your doctor or a local mental health charity for help



THE BIG ENERGY SAVING NETWORK IS BACK FOR AUTUMN / WINTER 2020-2021

BESN delivers an extensive FREE programme of support to households, focused on helping to reduce energy costs on tariffs, switching and the take up of energy efficiency offers.

Through last year's campaign:

- £290 was saved on average by households who switched to a new deal
- £140 average saving through applying for energy schemes



We can help you with:

- Switching supplier/ getting a new deal
- Switching payment method
- Checking eligibility /accessing the Warm Home Discount
- Priority Service registration
- Energy efficiency grant eligibility
- Energy efficiency tips



What support are we offering?

This year BESN will be delivered in a Covid safe way following the latest government guidelines

- Online zoom events with community groups and follow up 1-1 telephone/ face to face (where possible)
- A telephone appointment
- An online appointment
- A face to face appointment (if this is safe to do so)

How can you access our support?

Telephone or email our experienced advisor to arrange the best support for you/ your group.

Contact: Janet Clark

Email: janet.clark@lincsymca.co.uk

Telephone: 01529 301962



**community
Lincs**

PART OF YMCA LINCOLNSHIRE



**BIG ENERGY
SAVING
NETWORK**

Would you like FREE Central Heating?



If you are in receipt of certain income related benefits and currently rely on inefficient storage heaters, fixed and or portable room heaters or solid fuel fires you could be eligible for this funding, subject to survey to determine eligibility and acceptance by the installer. Funding is limited and will be released on a first come first served basis.

ECO Grants

You may also be eligible for a Government grant for:

- Loft insulation
- Cavity wall insulation
- Solid wall insulation
- Boiler replacements
- First time central heating

For more information, to check your eligibility or to apply, for the warm homes fund please contact the team on:



L4WH@nelincs.gov.uk



01472 326 434

Supported by

Greater Lincolnshire Energy
Efficiency Network



SINCIL BANK

RIVERCARE AND LITTER PICK

Although the group started the year well with our usual organised events unfortunately due to Covid all other planned events had to be cancelled. We resumed litter picking on an invite only basis following the guidelines set by the government and advice from Keep Britain Tidy to keeping to groups of 6 including a group leader. As I am writing this we are following new advice and doing individual litter picks or with a friend. If anyone would like to litter pick in the area we can loan you litter picks, hi vis and a hoop. Hopefully in the future things will get back to normal and we have for that reason set dates for next years litter picks. If you would like to know more about the group please contact us through our Facebook page - **Sincil Bank Lincoln RiverCare and Litter Pick Group**.

Dates for 2021 RiverCare and Litter Picks

- Saturday 30th January
- Saturday 27th February
- Saturday 20th March
- Saturday 24th April
- Saturday 22nd May
- Saturday 26th June
- Saturday 31st July
- Saturday 28th August
- Saturday 25th September
- Saturday 23rd October
- Saturday 20th November
- Saturday 11th December



Central Methodist Church

High Street, Lincoln



We at Central are longing to get back into the swing of things, but of course, after a short time able to meet for worship, we are now unable to do this. But life goes on and Food Bank has continued throughout the period of Lockdown. Also we have supported the Link to Hope shoe box appeal and Central has been the collection point for the area. We collected 162 shoe boxes plus 14 large boxes of knitted and miscellaneous items. These are now on their way to the main collection point before being sent to very poor people in Eastern Europe.

We are hoping to decorate the church in some way and celebrate Christmas even though we may be limited by rules. It is a great contrast to last year when we enjoyed the Christmas Tree Festival, and had the support of the wonderful local residents. However we shall go forward with hope, and be ready, as soon as we are able, to meet again, not only to worship but to enjoy friendship and support. It's a question of "Watch this space" .

In the mean time, may each one of you keep safe, be positive and enjoy each day as it comes.
Love and prayers
Margaret Doughty

Keep Safe

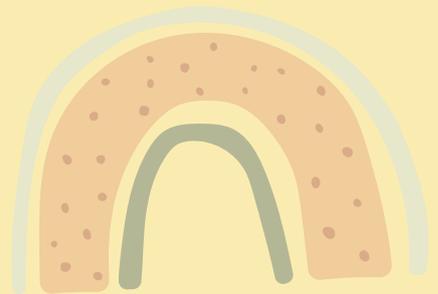
Keep safe...how often do we say these words now.
They are becoming as common as parting words that we often use,
"Good bye", "Take care", "See you".....

But these two simple words, "keep safe" really mean something.
Like a blessing, they are uttered or written to a person because there is danger.

Keeping safe in a specific way has become important.
MY keeping safe also means that others will keep safe.

We keep safe by respecting the physical space.

We keep safe by showing our concern for others in any way we safely can, so that we shall emerge from this danger, safe and whole, in body, mind and spirit.



Margaret Doughty

Bridge Church Update



Information for 2020

We are really looking forward to running the Christmas Sacks project again this year! We are very aware that many people in our city will be struggling to provide for themselves and their children, so we wanted to make sure that they are helped at this difficult time.

The project is quite simple. We receive referrals from social workers, family support workers, other professionals who work with people who will be struggling financially to provide for themselves and/or their families this Christmas. We then arrange for the workers or the families to come and choose some items for themselves and their children on a week in December (in a covid safe way). All the items are donated from all over the City – we are always amazed at how generous people are.

Donating:

In order to partner with us in donating gifts, we run the 'giving tree' scheme across the City. Businesses, organisations, schools and churches put up Christmas trees and we provide the tags (image above- postcard size). These will need to be strung by yourselves and will have 'Boy aged 3', 'Girl aged 14' so that people can choose who they would like to buy a gift for. We will arrange to drop off/post the tags, and confirm a date for donations to be delivered to our centre (we will be unable to collect as we usually do due to covid restrictions). We will need all gifts in by 11th December in order to quarantine them before giving them out. We ask that the gifts are not wrapped as the families and key workers select the gifts that will be appropriate. We request that gifts are brand new or good quality second hand.

Receiving: If you work with families or people who you know could benefit from this project, please get in touch and we will add your organisation to our list of referrers. Once we have received your referral, we will then be in contact to arrange collection. All referrals must be Lincoln (and surrounding villages) based and received by 27th November.

If you would like any more information, or to sign up, please email sacks@bridgechurchlincoln.co.uk

Refurbishment of the hall at Bridge Central is well underway to provide a community drop in space with food bar, refreshments, quiet space, and opportunities to connect with others. We are hoping to have this all ready for early 2021.



Here at the University of Lincoln Students' Union, students have returned and have begun the term full of enthusiasm for both their studies and becoming part of a new community. This year, we have seen a greater community spirit than ever, with students already working to become part of the local community. Now more than ever students are shopping small and supporting local businesses, not only that but they are promoting them on their social media platforms and spreading the word.

We have also seen brilliant teamwork from our sports teams who organised a food bank collection in light of the Government's decision surrounding school meals, of which they received over 200 donations to support local families. As an on campus community we have had a successful Black History Month, fostering our community spirit and helping to highlight and celebrate the diversity we have on campus.

We have also been conducting walking tours around the city, to help students get to know their local community and point out the hidden gems of Lincoln. As a Students' Union we are once more supporting Movember this year, and so many of our students have stepped up to get involved with challenges, ranging from growing a moustache to walking 60 miles within the month. We are excited to announce that within the first 3 days we had raised an astounding £3000, and just over a week into November, over £6000 has been raised, smashing the £5000 target.

Not only are students keen to get involved with nationwide fundraising opportunities, they also want to get involved with local projects. We are very much hoping that when regulations become more lenient, our students who live in the Sincil Bank area, and indeed those who live further afield will be able to take part in the organised litter picks and other volunteering opportunities. To highlight the community connections we have as a city and to emphasise the importance of being part of the local community, we have been working closely with Lincoln City Football Club, and our students are really excited to get stuck in and take part in as many local opportunities as possible.

Lockdown word search

W	E	X	E	R	C	I	S	E	O	C	S	L	F
C	L	A	P	P	I	N	G	C	I	F	K	E	C
I	C	T	N	I	R	P	E	U	L	B	I	A	O
D	O	T	L	T	F	E	T	R	A	E	L	R	M
R	N	L	O	C	K	D	O	W	N	N	L	N	F
A	N	G	E	V	I	T	A	E	R	C	S	I	O
W	E	B	L	A	U	T	R	I	V	E	E	N	R
I	C	M	C	F	S	S	E	N	T	I	F	G	T
N	T	D	O	R	O	G	N	I	K	A	B	R	D
G	E	D	O	I	C	E	D	A	N	C	E	G	A
V	D	I	K	E	K	N	P	F	A	M	I	L	Y
E	F	E	I	N	E	D	R	A	G	P	G	I	A
L	I	V	N	D	H	O	M	E	F	G	A	U	R
I	E	I	G	S	G	S	A	V	C	D	N	L	T

BAKING
LOCKDOWN
DANCE
GARDEN
CREATIVE
BLUEPRINT
FRIENDS
FAMILY
DRAWING
COMFORT
ART
CLAPPING
SKILLS
VIRTUAL
LEARNING
EXERCISE
FITNESS
COOKING
CONNECTED
HOME

St. Peter at Gowts

What a very strange time it has been in 2020! We do hope that everyone is keeping safe and finding new ways to keep in touch, survive and thrive in these difficult times.

At St. Peter's we have enjoyed coming back together as a school community in September. We are so delighted that all our families have returned, the children are so happy to be back into a normal routine, learning and having fun with their friends. Here are some of the things that we have enjoyed during the Autumn Term.

British Values and Remembrance Day 11.11.20

The whole school had a fantastic 'Peace' themed Values Day for British Values and Remembrance Day. We were able to reflect on what the British Values are and why they are important, whilst thinking of why Remembrance Day is significant for us. In our bubbles, we created poppies for wreaths or pebbles with poppies painted on them. We also created some wonderful art work related to Remembrance Day (please look on our school twitter for more pictures and work)! The children made wreaths to place at the cenotaphs and really enjoyed working together to make some beautiful peace inspired artwork. It truly was a very special day with the 2 minute silence at the very heart of it.



Diwali Festival Celebrations

We have had a fabulous time learning about the Festival of Diwali. During our learning we explored the story of Rama and Sita and how light led the way home. Our light creations are wonderful and displayed on the High Street. The children also used clay and salt dough to create their own diva lamps, as well as using coloured rice and chalk to make Rangoli patterns. The lights were lit over the weekend and hopefully they cheered up people as they walked along the lower High Street!



Children in Need Celebrations

Children in Need has been a roaring success this year, with families being so generous with their donations. Pupils and staff were delighted to talk on Radio Lincolnshire on the Breakfast Show about the Year 5 Samba Band, and they even appear on Look North....twice! Unfortunately, due to Covid, our planned trip to the Albert Hall did not take place, but instead our Year 5 are now YouTube legends, performing with other Samba bands across the county. Well done to Year 5, their music teacher and a big thanks to the Lincolnshire Music Service for putting this together. The performance was released for BBC Children in Need and we hope it helps to raise lots of money!



**On behalf of all from St. Peter's we hope you have a wonderful Christmas, and a great 2021.
Things can only get better!**

Lincoln Lower High Street Street Lighting replacement works programme

Lincolnshire County Council are planning to replace the street lighting in various streets in the Lower High Street and Sincil Bank areas of Lincoln. The existing concrete columns have been identified as being in poor condition and will be replaced with new galvanized steel columns with energy efficient LED lanterns. The works are expected to be carried out early in 2021 and every effort will be made to keep disruption to an absolute minimum. There will, however, be a temporary need to keep streets clear of parked vehicles in order for the contractor to gain access and carry out the works in a safe manner. Lincolnshire County Council would greatly appreciate the cooperation of residents and visitors who normally park their vehicles in the area to observe the temporary restrictions and find alternative parking. Further details of the parking restrictions will be provided locally nearer to the works start date. A list of the affected streets with dates of the proposed works is detailed below:

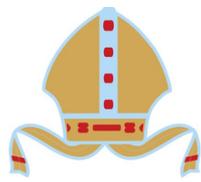
- Spencer Street and Featherby Place - week commencing Monday 4th January
- Little Bargate Street - week commencing Monday 11th January
- Gibbeson Street - week commencing Monday 18th January
- Shakespeare Street - week commencing Monday 25th January
- Knight Street/Place/Terrace - week commencing Monday 1st February
- Queen Street/Smith Street - week commencing Monday 8th February
- Sewell's Walk - week commencing Monday 15th February
- Pennell Street - week commencing Monday 22nd February
- Sibthorpe Street - week commencing Monday 1st March
- Prior Street and Abbot Street - week commencing Monday 8th March
- Nelthorpe Street - week commencing Monday 15th March
- Kirkby Street, Chelmsford Street and Sausthorpe Street - week commencing Monday 22nd March

Should any further information be required, please contact Lincolnshire County Council:

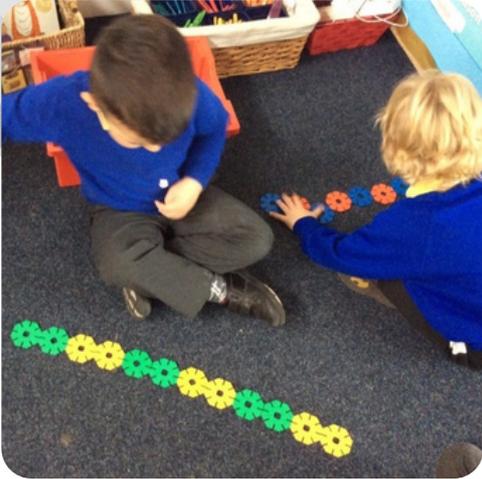
Telephone: 01522 782070

E-mail: cschighways@lincolnshire.gov.uk





Lincoln Bishop King Church of England Primary School



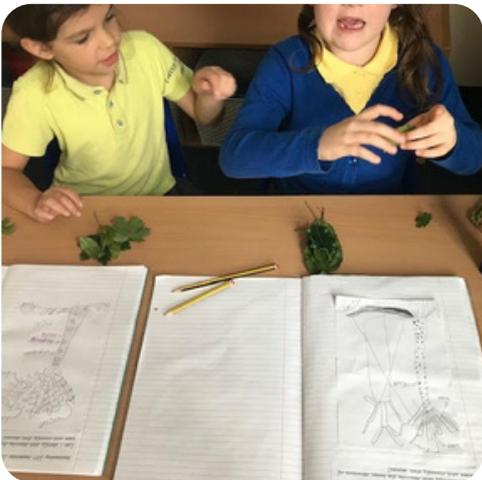
Children from Ash class exploring repeating patterns, through coloured objects found in the classroom



Nursery making predictions and exploring cause and effect



Year Three pupils adding two 3-digit numbers, using manipulatives



Year 2 naming and labelling a tree and free classification of leaves from the woodland area



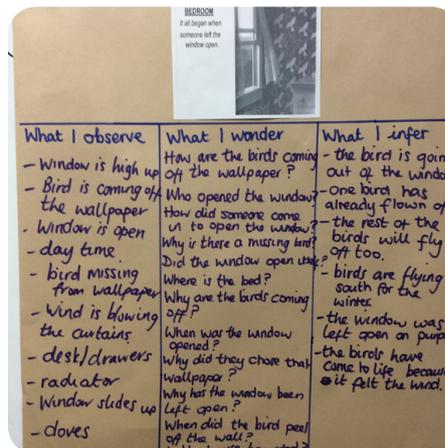
Year 2 planting bulbs ready for spring



Year 4 pupils peer marking and working collaboratively to improve writing



Year 1 pupils made a collage to show the four different seasons



Year 5 were working on inference using our Anchor Text *The Mysteries of Harris Burdick*

Sincil Bank Heroes

2020



A celebration evening organised by the Neighbourhood Team took place on Saturday 29th February 2020 at the LNER Stadium to thank those who volunteer their time to make Sincil Bank a great place to live. 50 nominations were received in total and 100 people attended, on the night guests were treated to duo playing the violin and guitar a magician along with canapes on arrival and a hot buffet. The Mayor of Lincoln Cllr Sue Burke along with Neighbourhood Manager Paul Carrick gave out awards to all those nominated. The evening was a huge success with members of the community coming together, we look forward to more celebrations like this next year once we are safely able to do so.

"I expect none of the award winners, including myself, do what we do for glory - we just care, but to have the work recognised and thanked for, is uplifting."



**"Just wanted to email and thank you all for such a great evening. It was such a lovely event, a real pleasure to attend.
Thank you for all your efforts to ensure we all had a night to remember. It was fab!"**